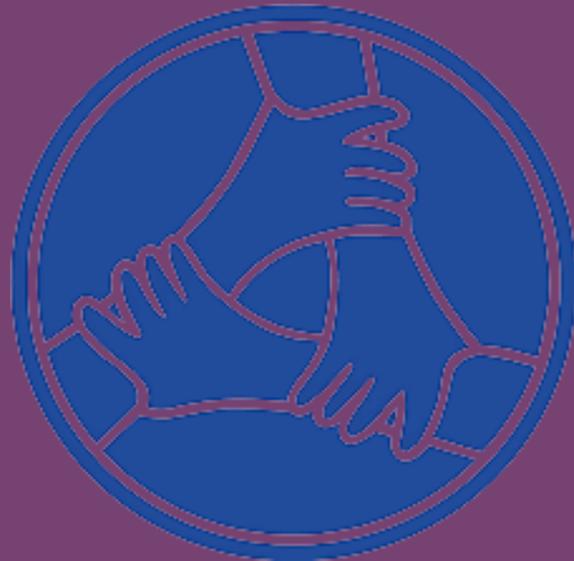




COMPARISON OF WORKPLACES WITH POLAND

*What are the similarities and
the differences?*

CARNHILL
RESOURCE CENTRE
(WIKTORIA'S AND
SIMON'S WORKPLACE)





"TURN 2 US"

Company services:

1. The Resource Centre Derry's "TURN 2 US" Home Maintenance Service offer the community the next home repair and decoration opportunities to enhance their homes at an affordable rate.

THE SERVICE INCLUDES:

- Painting and Decorating
- Small House Repairs
- Fence Repairs
- Grass Cutting





COMMUNITY SHOP

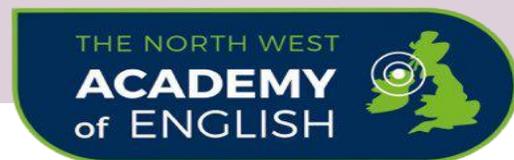
The Resource Centre Derry's community shop provides a vital and necessary service in the local area, offering, at low cost, a wide range of clothing, bedding and furniture.



DAY CARE

Resource Centre Derry are now designated as a Level 2 Provider of Care, their service to older people and people with disabilities continues to be a high priority.

In conjunction with the Western Health and Social Care Trust Resource Centre have developed a range of client- based services which dovetails with the “Transforming Your Care” policy and promotes the practice of enabling older people to live an active and stable lifestyle while remaining in their homes as long as possible.



Occupational Activities

- ✓ Active Health Programme
- ✓ Exercise & Gentle Relaxation
- ✓ Hairdressing
- ✓ Personal Care
- ✓ Reminiscence
- ✓ Visits to Local Libraries

Therapeutic Activities

- ✓ Crochet
- ✓ Knitting
- ✓ Embroidery
- ✓ Horticulture Group

Social & Recreational Activities

- ✓ Board Games
- ✓ Card Games
- ✓ Quizzes
- ✓ Bowls
- ✓ Bingo
- ✓ Live Music

CATERING "MEALS ON WHEELS"

Meals on Wheels is a program that delivers meals to individuals at home who are unable to purchase or prepare their own meals. The name is often used generically to refer to home-delivered meals programs, not all of which are actually named "Meals on Wheels". Because they are housebound, many of the recipients are the elderly, and many of the volunteers are also elderly but able-bodied and able to drive automobiles.



COMPARABLE PLACE IN POLAND "KLUB SENIORA TURKUS"

Senior club is place for people who wants to spend some time in friendly atmosphere and active way. Here seniors can spend time caring for their physical and mental health. In addition to participating in interesting activities tailored to seniors needs and abilities, the charges are covered by an individual support plan and medical care. Meals are also provided.



Turkus

DZIENNY DOM POMOCY SPOŁECZNEJ

Klub Seniora w Zdrojach



SERVICES

Social & Recreational Activities:

Board and card games

Live games

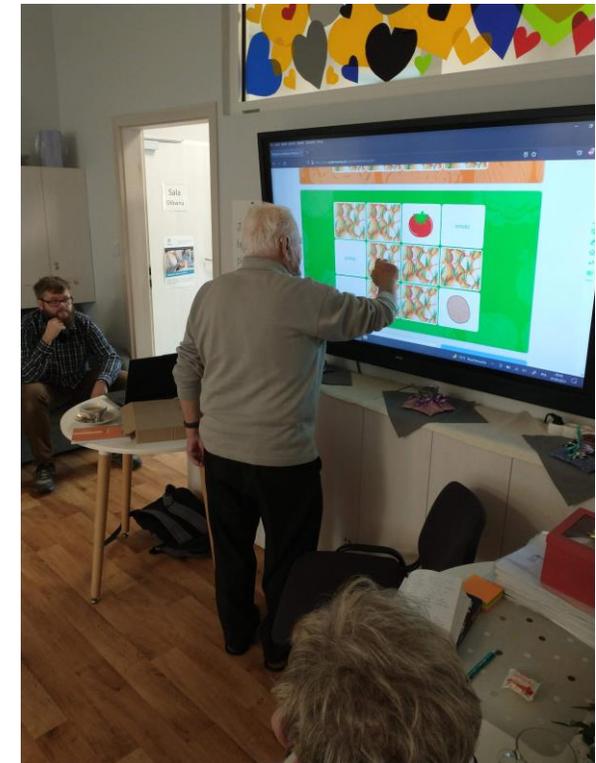
Memory training

Computer classes

Trips

Art and language classes

Celebrating different holidays together





SERVICES

Occupational Activities:

- Active Health Programme
- Exercise & Gentle Relaxation
 - Hairdressing
 - Personal Care

Therapeutic Activities:

- Crochet
- Knitting
- Embroidery



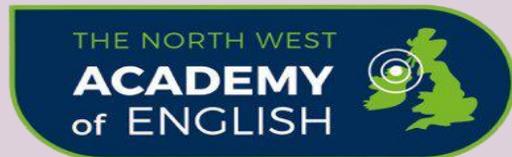
SIMILARITIES

The similarities between Carnhill Resource Centre and a retirement home in Poland may be, for example, that both of these facilities are involved in helping the elderly and that meals are prepared take away. Both companies put the happiness and satisfaction of older people first.



DIFFERENCES

The difference between a Carnhill Resource Centre and a retirement home in Poland may be, for example, that in addition to organizing leisure time for older people, Carnhill staff help pay for home bills, deal with administrative matters, look for houses, help with renovations etc. And get things done. There is also quite a difference that in Poland, volunteers come to help whenever they want, and in Derry there are constantly working hours.



WHAT WAS SURPRISING FOR US?

SURPRISE!

It was a big surprise for us that people here are very open and have a desire to help others and that people in Ireland work and do everything calmly, while in Poland everyone is in a hurry and has a very fast lifestyle. We are enchanted by selfless help the elderly especially and having great joy from it.





TANK AND SKINNY'S (OLA'S WORKPLACE)





COMPARABLE
PLACE
IN POLAND
"CUKIERNIA
SOWA"

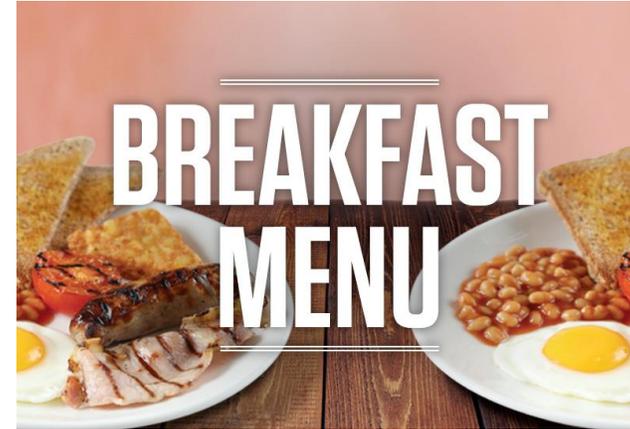


SIMILARITIES

"Cukiernia Sowa is a very well known chain of Polish cafes. It is similar to Tank and Skinny's in that it is also a cafe and you can drink coffee or tea there and eat something sweet like cake or cookies.



DIFFERENCES

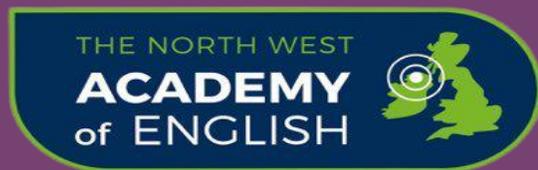


Tank and Skinny's differs in that it has a more expanded menu. Until about 12 o'clock there is a breakfast offer and you can eat there really stuffing dishes, which in Poland you would eat at lunchtime, for example tortilla or "club sandwich". Café Sowa unfortunately does not have such an expanded offer, only during the holidays the menu is enriched with ice cream. Also if you look at it in general terms, cafe sowa is a chain and has stores spread all over the country, Tank and Skinny's only has 2 locations at seaside and Muff.

WHAT WAS SURPRISING FOR ME?

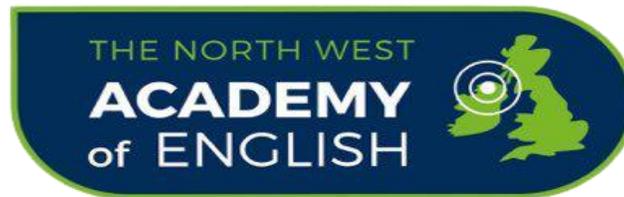
A big surprise for me was how friendly people are here, it's not so enjoyable in Poland.

SURPRISE!





THE FRONTIER HOTEL (JESSICA'S AND BART'S WORPLACE)



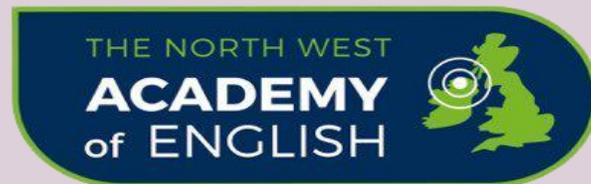


COMPARABLE PLACE IN POLAND "HOTELIK ELKA-SEN"



SIMILARITIES

Similarity between The Frontier Hotel and "Hotelik Elka-Sen" is for example fact that both hotels have free WiFi for guests. Hotelik Elka-Sen has the dining room with a bar where they are serving breakfasts every morning, The Frontier Hotel has a restaurant and the bar. Rooms are furnished very similar, each room has bed, table with chair, mirror, an electric kettle, lamp, wardrobe and bedside cabinet.



DIFFERENCES

The main difference we've spotted between this hotel and the one we know well back in Poland is the designated socket in the wall that serves as the base of a vacuum cleaner which we believe is pretty ingenious with how much room it spares. Secondly the culinary difference of serving tea. Back home tea with milk is something strange while here it's seen as a standard and served as such in room service - a pot of tea and a cup for it alongside a small dish for said milk. Another key difference is the better standard of room televisions in each room. They're usually more expensive models in here.



WHAT WAS SURPRISING FOR US?

SURPRISE!

The thing that surprised us is just how much supplies are needed to upkeep the restaurant located in a seemingly roadside hotel. Moreover people here are very friendly, helpful and placable.



THANK YOU FOR YOUR ATTENTION!

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